



## **English training 2021-2022**

### **Know-how-to-be –schedule 10am to 4pm**

#### **Introductory module**

Saturday September 25<sup>th</sup> 2021

#### **Module 2 – Motivation and how to take care of oneself**

Saturday October 16<sup>th</sup> 2021

#### **Module 3 – Presence – Listening - Communication**

Saturday November 6<sup>th</sup> 2021

#### **Module 4 – Impermanence and spiritual dimension of death**

Saturday December 4<sup>th</sup> 2021

#### **Module 5 – Understanding and maybe transforming suffering**

Saturday January 15<sup>th</sup> 2022

#### **Module 6 – Needs of dying**

Saturday February 5<sup>th</sup> 2022

#### **Module 7 – Compassion**

Saturday March 5<sup>th</sup> 2022

#### **Module 8 – Families**

Saturday April 2<sup>nd</sup> 2022

#### **Module 9 – Healing relationships and spirituality**

Saturday April 30<sup>st</sup> 2022

#### **Module 10 – Berievement**

Saturday May 21<sup>st</sup> 2022

#### **Module 11 – Ethics and closure**

Saturday June 11<sup>th</sup> 2022